



A healthy community is responsible for the acceptance and ownership of the physical, psychological, social, intellectual, emotional and spiritual needs of all its members.

Families First/Healthy Families Culpeper consists of three separate programs:

WELCOME HOME BABY Support and Resource Service

A recent poll indicated that most parents said they wished they had received more support and assistance during their pregnancy and in caring for their newborn. All of us feel the need for guidance and help when it comes to parenting. Welcome Home Baby is available to provide that extra support to every parent in Culpeper County. We offer free information and referrals related to parenting. As a parent in our community, you may have questions about where to go for:

- Child Care Providers
- Child Development Information
- Parent Support Groups
- Prenatal and Parenting Classes
- AND SO MUCH MORE!

Welcome Home Baby will offer you support in exploring the following:

- **Preparing** for the birth of your child
- **Understanding** the importance of caring for yourself during pregnancy
- **Nurturing** the relationship with your baby
- **Planning** for your family's future
- **Guiding** you to community resources and information to meet your specific needs

Welcome Home Baby is:

- **Free, Voluntary and Available** to every mother who lives in Culpeper

Welcome Home Baby wants you to know what to anticipate in the upcoming birth of your child, and we want you to feel successful as a new parent.

Having a healthy pregnancy and raising a happy, healthy child is so important - but, it is not an easy job!

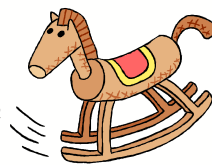


HEALTHY STEPS Home Visitation Program

To support **new and expecting parents**. We provide support and information that is helpful in raising a healthy child. Healthy Steps is a free, voluntary, confidential program for Culpeper County families.

Healthy Steps:

1. Helps parents learn new and fun ways to interact with their baby
2. Uses developmental tools to see how baby is growing
3. Helps parents develop goals and make them a reality
4. Promotes positive parent-child relationships
5. Promotes healthy childhood growth and development
6. Enhances family problem-solving skills
7. Provides home visitation for participants who qualify
8. Connects families to resources, and provides:
 - Parenting classes
 - Infant massage classes
 - Parent group activities
 - Child development curriculum



Healthy Steps provides a Family Support Coordinator who visits with families to support them and help them learn about child development, nurturing and bonding, nutrition, safety and other issues related to parenting.

The Family Support Coordinator will begin with once-a-week visits for about an hour. Then, depending on the needs of the family, the Family Support Coordinator can decide when to have fewer visits.

PARENTING EDUCATION PROGRAM

Families First is offering support for parents of children **under the age of 5**.

Come join other parents and share all your successes and challenges of raising a toddler.

The next sessions are scheduled for:

September 2, 9, 16
October 7, 14, 21
November 4, 11, 18
December 2, 9, 16

The 3-week sessions are held from 6:00 – 8:00 pm in the Culpeper Regional Hospital Conference Room. There will be a \$15.00 cash charge for the required parent textbook.

Please call 829-2065 ext. 309 and register.

Sorry, No Daycare provided!



**healthy
families
culpeper**

763 Madison Road
Suite 209
Culpeper, VA 22701
(540) 829-2065
(540) 829-0927 fax



HEALTHY CULPEPER YOUTH MENTORING PROGRAM

Looking to make a difference in a child's life?

...then Healthy Culpeper's
Youth Mentoring Program
Is the perfect match!

Call today to find out how you can help a child find his/her way.

(540) 829-2065

For more information visit healthyculpeper.org



Embryology in the Classroom

that can be taught during school hours. 4-H school enrichment areas are designed to strengthen the member’s knowledge of school subject-matter areas, thus complimenting what the school is teaching. Culpeper County’s 4-H program assistant, JoAnna Kilby, facilitated numerous 4-H programs throughout the middle and end of the last school year in A.G. Richardson, Farmington, Sycamore Park and Yowell Elementary Schools. These programs are available to all schools in Culpeper County.

Healthy Choices for Healthy Kids was held in the winter session. This teaches children about the food pyramid, exercise and the uniqueness of each individual. **Embryology in the Classroom**, where children have the opportunity to incubate and hatch chicks, took place in the spring; as well as **Digging Down, Growing Up** which enhances children’s understanding of the plant life cycle. These are just a few of the curriculum that were facilitated last year.

There is a wide variety of curriculum to choose from which also correlates with Virginia Standards of Learning (SOL’s). Any area from: animal science, careers & economic education, citizenship, communications & expressive arts, family sciences, foods, nutrition & health, leadership, natural resources & environmental education, plants, soil & entomology.

School enrichment programs range in a variety of different time lengths. For more information on these curriculums or if you are interested in having one of these programs provided during your class time please contact JoAnna Kilby at jlclark@vt.edu or (540) 727-3435.

October will be here before we know it, and it is time to embark on a new 4-H year. If you are interested in joining 4-H, now is the time to join. Our Culpeper 4-H clubs are listed.. If you see a club that you are interested in, simply contact the leader of the club and they will be able to give you information on joining their 4-H club. We look forward to having you in Culpeper 4-H!

If you have any questions about 4-H or would like to volunteer, please contact Cristy Nibblins, Extension Agent, 4-H Youth Development (Nibblins@vt.edu) or JoAnna Kilby, Program Assistant, 4-H Youth Development (jlclark@vt.edu) or at (540) 727-3435. Visit our website: <http://www.ext.vt.edu/offices/culpeper> for more information on 4-H and other Extension programs.

4-H Youth Development

Cristy Nibblins, Extension Agent, 4-H Youth Development, JoAnna Kilby, 4-H Program Assistant

CULPEPER 4-H CLUBS

Beef Club	Leader:	Melissa Carder	Contact:	718-5431
Dairy & Meat Goat Club ("Udderly Best")	Leaders:	Susan Taylor	Contact:	937-4332
		Jeni Flathers	Contact:	937-7368
Hunter Horse Club	Leader:	Oliver Brown	Contact:	547-2810
Rixeyville Riders Club	Leaders:	Robin Lanham	Contact:	937-3208
		Kim Parker	Contact:	825-6460
Sheep Club	Leader:	Andy Anderson	Contact:	547-2926
Greater Piedmont Sheep Club	Leader:	Ann Compton	Contact:	937-5668
Reach for Your Goals/Stockman’s Club	Leader:	David Perez	Contact:	764-0519
Town and Country Critters*	Leader:	Laurie Hughes	Contact:	825-0865
Swine Club	Leader:	Michael Brown	Contact:	547-2466
Puppy Pals	Leader:	Cindy Willson	Contact:	937-3805
Piedmont Honeymakers	Leaders:	Bob Duxbury	Contact:	937-6026
		Lisa Torres	Contact:	543-2046
Culpeper 4-H Community Club	Leader:	Donna Frazier	Contact:	829-6060
Cloverbud Club-ages 5-8	Leader:	Jackie Dye	Contact:	937-3492
Cedar Mountain 4-H Shooting Sports	Leader:	Glen Waleska	Contact:	347-0998

Camp Club for teens who have been or would like to be camp counselors.
Contact: the Extension Office at 727-3435
Honor Club – members by invitation only – must be active in 4-H leadership
Leader: Ruth Sousa Contact: 423-1405

* accepts Cloverbud members, ages 5-8, as well as 4-H members 9-18
For a complete brochure visit our website or contact the Culpeper Extension Office.

“Enjoying the Fruits of Your Labor All Year Round”
Georgette Yates, 4-H FNP Sr. Program Assistant, Family Nutrition Program (FNP)

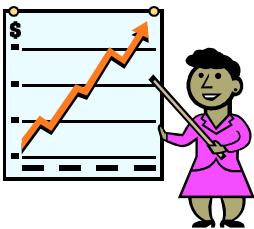
“Eat more vegetables!” That’s probably one of the most resounding bits of advice I give students in my nutrition classes. Eating a diet packed with natural foods is by far one of the best things you can do for your body. Not only do fruits and vegetables help to achieve satiety with minimal calories, they provide your body with many essential vitamins while helping to ward off colds, flus, cancers and various chronic diseases. So, despite the many negative effects of the economy, one positive outcome has been an increase in the number of home gardens for the 2009 season. It is estimated that home gardening increased by 19% this season, resulting in an increase in the consumption of fresh, home grown vegetables and fruits. Families who grow their own fruits and vegetables also enjoy a 1 to 25 cost benefit meaning, every \$1 spent on gardening generates \$25 worth of food.

Though peak season for gardening is winding

down, you can still enjoy the “fruits of your labor” right up until next season by properly preserving your fresh fruits and vegetables. It is recommended that fruits and vegetables be preserved within 12 hours of being picked to preserve as many vitamins as possible and that proper preservation methods are used to ensure high quality and avoid common food borne illnesses like botulism. Common methods of food preservation include pressure canning, freezing and drying. Each method involves a slightly different technique, but all yield a cost-saving, high quality product. So, if you still have fruits and vegetables in your garden and want to preserve them for later use, please visit Virginia Cooperative Extension’s website at <http://pubs.ext.vt.edu/category/food-preservation.html> or stop by the local Extension office for tips and advice on proper food preservation.

Farming – A Net Source of Income to Our Local Economy

By: Carl C. Stafford
Extension Agent, Agriculture



When you read about the cost of services study (available online at culpeperag.org), readers are reminded of the net revenue agriculture generates for the local tax base. The study also mentions commercial and industrial land uses as net revenue generators for our County budget. According to the survey, agriculture pays in a dollar and takes out 31 cents in services. It says our commercial and industrial users pay in a dollar and take out 41 cents in services. In contrast residential land users (homeowners) pay in a dollar and take out \$1.22 in services. The bottom line is: agriculture, commercial and industrial land users are subsidizing homeowners. When you think about our largest public service, which is education, we need this subsidy coming in to be sure everyone has a chance to be a productive citizen through education. My children and yours have benefited from their public education, and our community benefits from these new tax-paying citizens.

When I spoke with the County Agriculture Committee Chair, we agreed that this aging survey was likely out of date and that the benefit to taxpayers may actually have improved with time. We believe that the tax subsidy to homeowners, described earlier in this article, has actually increased. This is likely due to the increase in services required by a growing population. More people need more schools and roads, new sewer and water treatment, new ball fields, new public safety investments and new government employees to deliver these services. Let’s figure out a way to keep these positive revenue streams flowing.

Economic development is often viewed as the savior to local government budgets. The idea is to bring in tax-paying business to offset the drain from residential users. Another approach might be to retain those net revenue businesses we already have, particularly agriculture, which tends to be pushed out as communities grow. One approach to retention might be to offer some incentive to stay. It is easy to see the need for incentives to draw in new business, but I’m not sure if this logic is applied to retaining those already here. Let’s work on retention of farms, farmers and young farmers by whatever means possible and include

new farmers among the economic development targets we attempt to lure to our area.

Incentives could include sending young farmers to school. (We could sponsor loans.) If allowed, we could strengthen the protections found in agriculture districts, and we could give tax abatements to new farmers moving in like we have done for other businesses. By the way, our local government does support agriculture in many ways, including the long-established provision of land use taxation that some Virginia counties still do not have, and the elimination of the farm equipment tax since the early 90’s (some of our neighbors still collect on farm equipment), as well as placing agriculture among the priorities of the county economic development office, to mention a few.

Let me share with readers a look through a window into the lives of some of our farmers, be they traditional and extensive users of the land found among cattle, grain and dairy operations, to non-traditional intensive users of the land found among the turf, flower, nursery, Christmas tree and greenhouse operations. Our leading source of farm income comes from non-edible plants found in this Greens Industry, which altogether is re-

sponsible for at least \$20 million in agricultural income, which is more than the total of all other farming.

Our largest dairy is an extensive user of thousands of acres of land that produce the feed and grain needed for 450 cows in milk, plus the dry cows and replacement heifers. Cash grain is also a big part of the land use for this family, but its slim margins keep them hustling to find efficiencies. Bigger, wider and faster equipment helps keep labor needs in check and allows them to cover the acres needed for these investments.

Over 600 farms are counted in the new census for Culpeper, a gain of about 150 farms since I first started work in 1985, but average farm size is falling. There are more people than I can mention in this space, a changing group that to me offer a future for agriculture that will be different, but present, in a County that is on the edge of big growth in Virginia. While our farmers are definitely not what they used to be, they are still net sources of revenue to our local economy, and whatever we can do to retain them and grow their numbers will benefit the homeowner’s tax bill now and in the future.

Golden Summer Squash & Corn Soup

Makes 2 servings

Ingredients

- | | |
|--|---|
| 1 tablespoon extra-virgin olive oil | ¼ teaspoon salt |
| 1 medium shallot, chopped | 1 cup fresh corn kernels (1 ear corn) or frozen |
| 2 medium summer squash (about 1 pound), diced | 1 teaspoon lemon juice |
| 3 teaspoons chopped fresh herbs, such as thyme or oregano, divided | ¼cup crumbled feta cheese |
| 1 14-ounce can reduced-sodium chicken or vegetable broth | |

Instructions

1. Heat oil in a large saucepan over medium heat. Add shallot and cook, stirring, 1 minute. Add squash and 1 teaspoon herbs and cook, stirring occasionally, until the squash starts to soften, 3 to 5 minutes.
2. Add broth and salt; bring to a boil. Reduce heat to a simmer and cook until the squash is soft and mostly translucent, about 5 minutes more. Transfer to a blender and puree until smooth. (Use caution when pureeing hot liquids.) Return the soup to the pan and stir in corn. Bring to a simmer over medium heat and cook, stirring occasionally, until the corn is tender, 3 to 5 minutes more. Remove from the heat; stir in lemon juice. Serve garnished with the remaining 2 teaspoons herbs and feta.

Golden Summer Squash & Corn Soup Nutrition Information

Per serving: 111 calories; 6 g fat (2 g sat, 3 g mono); 6 mg cholesterol; 13 g carbohydrate; 5 g protein; 2 g fiber; 462 mg sodium; 497 mg potassium. Nutrition bonus: Vitamin C (40% daily value). 1 Carbohydrate Serving Exchanges: 1/2 starch, 1 vegetable, 1 fat

Intergenerational Transfer of Decision Making in Family Owned Businesses

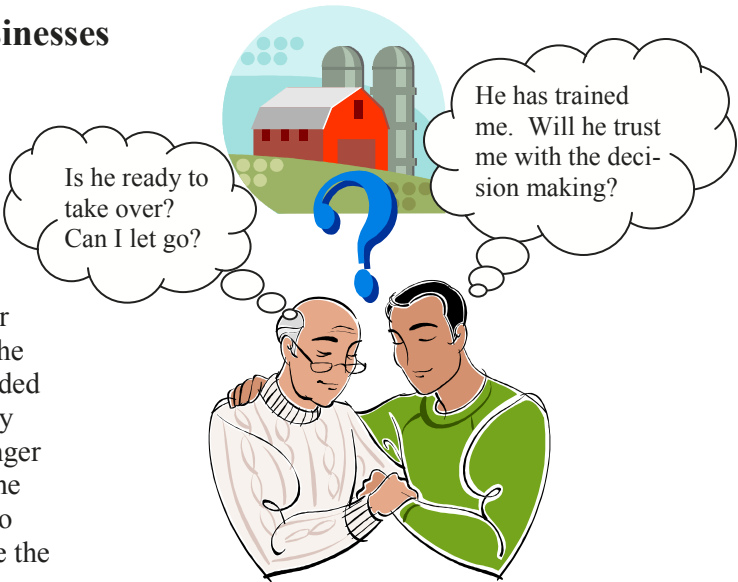
Peter Callan, Extension Agent
Farm Business Management

A frequent topic of conversation for older businessmen and farmers begins with the phrase “I would like to slow down. However I do not know if the younger generation is ready to dig in and manage the operation. I wonder if those younger folks will ever be able to run the business like I did.”

The skills necessary to operate a business are not acquired over several months. How many times have the younger generation been given responsibility to manage a small part of the business and the following scenario occurs? The younger generation decides to follow a plan of action that is different from dad’s thinking. Dad will inform the younger person, “You can go ahead and do it your way, BUT I would do it this way. You young folks will have to learn the hard way, and your mistakes are going to cost the business money. Then I will have to step in, so the operation will not lose MORE money.” This scene is a classic example of the “Ben Cartwright School of Farm Management.” The old man pulls the trigger, and the boys make all the noise.

One of the most difficult aspects of business transition is the transfer of decision making from the older to the younger generation. To be successful,

the older generation must be willing to give up responsibility and the younger generation to take on responsibility. Is the older generation willing to train the younger generation to manage the farm? The younger generation needs to be responsible and be held accountable for their performance for a small part of the business. The younger generation cannot be constantly seconded by the older generation regarding decisions they made. By constantly second guessing the younger person, the older generation gradually erodes the younger person’s self esteem and their ability to make decisions in a decisive manner. Likewise the younger generation must be given the financial resources to properly manage their area of responsibility. Otherwise the younger family member will be high-priced help and not a future manager. If mistakes are made, did the younger person learn from their mistakes? The older generation and other family members cannot be constantly bringing up mistakes made by an individual 20 years ago. During the transition period, the younger generation will be growing and creating equity for the **entire** farm. Management responsibilities will be increased as the younger generation proves that it can successfully manage its area of responsibility.



The old adage “On the plains of hesitation bleach the bones of countless millions” applies to transitioning of management responsibilities to the younger generation in family businesses. If the younger generation has never been given responsibility, they will never have the opportunity to gain confidence in their decision-making skills. Otherwise, they will be stranded on the “plains of hesitation.” The younger generation’s lack of ability to make informed and timely decisions can impact the long-term viability of family businesses.

www.ext.vt.edu

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Culpeper County Economic Development

Culpeper County is actively preparing for the resurgence of the economy. County officials are optimistic that better days are coming soon and that the County must be ready to help promote sustainable economic development and smart growth.

Toward that end, the Board of Supervisors recently activated its Industrial Development Authority, changed its name to the Economic Development Authority of Culpeper County, Virginia (EDA), and appointed the first authority members. The EDA held its organizational meeting in July and is now up and running. The County will be served by seven highly qualified EDA Directors who are supported administratively by the Culpeper County Department of Economic Development.

EDAs have successfully helped provide economic development incentives around the Commonwealth of Virginia. The Culpeper EDA is ready to assist with tax-exempt financing for qualified private enterprises and to serve as a conduit for economic development incentives. The EDA will also be available to facilitate the construction and financing of governmental facilities. EDAs are authorized by law to acquire, own, lease, and dispose of property and make loans to promote commercial enterprises and industry for the public benefit, safety, health, welfare and prosperity. The Culpeper EDA stands ready to exercise its powers to stimulate the economy of Culpeper County by helping to provide new jobs, increasing business activity, and

broadening the County’s tax base. The EDA is designed to serve the public purpose of inducing new businesses and industry to locate in Culpeper County and help retain those businesses that are already here.

The EDA will join with the Culpeper Economic Development Advisory Committee (CEDAC) to serve Culpeper County and foster continued quality economic development for the County. The Board of Supervisors appoints the Authority and the Committee to accomplish the County’s economic development goals with the assistance of the County administration.

As Carl Sachs, Director of the Culpeper County Department of Economic Development, says: “We expect even brighter tomorrows.”

Culpeper Harvest Days Farm Tour: A Family-Fun, Fall Weekend!
October 3-4, 2009 - 10 am – 4 pm

How do our farms work?
What is life like on a farm?
What types of farms are our neighbors?
Come and find out. Tour all or a few.
There is no charge, unless you can't resist a purchase!



Start your tour at the Depot with the model train demonstration.

More than ever, folks are looking for activities and events that are simple and relaxed, wholesome and back-to-nature. Moms and Dads are looking for places to take the kids for entertaining and educational fun! For over ten years, the **Culpeper Harvest Days Farm Tour** has been educating visitors about the importance of agriculture to the economy and environment, while providing the perfect answer to the family fun challenge! What better way to experience agriculture at work than with a visit to a working farm?



You might see a bee at work at Wollam Gardens.

Despite tremendous growth, agriculture remains a way of life for many in Culpeper County, with over 600 working farms. At least one third of these depend on the farm as their primary source of income with "extensive" amounts of land devoted to livestock, crops, dairy and horses. In contrast, the Greens Industry segment of local agriculture involves greenhouse production, nursery stock, cut flowers, turf, and Christmas trees. These farms produce "intensive" operations on small acreage, but with big economic benefits, generating approximately half of all local agricultural income.

But don't for a minute think that all you see is cows and horses! Culpeper's award-winning Farm Tour includes herding and spinning demonstrations at *Freestate Llamas*, a petting farm at *Platinum Alpacas*, an educational tour "from vine to wine" at *Old House Vineyards*, gorgeous cut flowers and demonstrations at *Wollam Gardens*, and Virginia's only legal Moonshine distillery, *Belmont Farm Distillery*. Enjoy a model train demonstration at the Culpeper Depot by the *Piedmont Railroaders*, or experience the working equestrian facility at *Kelly's Ford Equestrian Center*.

When you and your family visit a working farm property, you'll experience life on the farm in a friendly, hands-on environment. You and the kids can relax in the country, unwind, and enjoy the natural beauty that surrounds you. Undoubtedly, you'll come to better understand what it takes to produce from the land and see first-hand many of the sources of our food.

This year's Farm Tour takes place on **Saturday and Sunday, October 3 and 4, 2009** at farms throughout Culpeper County.

For more information on the Farm Tour, visit www.culpeperag.org, or www.visitculpeperva.com for accommodations, dining and concurrent weekend events.



Learn about Moonshine! It is now legal and for sale at Belmont!



www.culpeper250th.org

Town of Culpeper's 250th Anniversary: A Celebration to Last All Year!

Culpeper's 250th Anniversary Celebration will soon be here. With less than two months to go, the 250th Anniversary Oversight Committee is busy making final plans for this historic weekend. It will be a time for friends and families to gather, remember, and celebrate this wonderful Town. For some, Culpeper is a favorite escape from hectic lives, a place to relax and renew. For many of us, Culpeper is home, even if where we live is thousands of miles away.

September 19 and 20, we will recall historic people and events that have made Culpeper what it is today . . . the patriots who mustered in Clayton's Old Field to become the Culpeper Minute Men . . . those who fought and died here during the Civil War. . . the Black American entrepreneurs who built a strong business district. We'll celebrate all kinds of heroes from those who made the ultimate sacrifice serving their country to those who have served without fanfare to make Culpeper a better place. The festivities will include something for everyone, old and young, new resident or native. Here's a look at the weekend's events:

Saturday, September 19, 2009

Historic East Street Garden & Art Show - 9 am to Noon

Hosted by the South East Neighborhood Watch, enjoy an early fall morning touring the gardens of some of Culpeper's most historic homes. In addition, artists will display and sell their work in the gardens and on the porches of the homes. Admission: \$2.00 per person on the day of the tour. Historic homes include the Hill Mansion, the Ludwig home, Wisteria, the Rhoades house, the Rimeikis House, the Close House, and the Rectory. For information, email Gary Close at g57close@aol.com

Old Time Games & Picnic at Yowell Meadow Park - 11 am to 3 pm

Come hungry and enjoy a hometown day in the park with delicious food and lively games. Fun for the whole family!

Contact: Scott Fisher at info@culpeperruritans.org or (540)-718-5821.

Website: www.culpeperruritans.org

"Coleman Street" Parade - 3:30 p.m.

Enjoy an old fashioned parade of marching bands, floats, heroes, and history marching along "Coleman Street" (now known as Main Street).

For information, contact Donnie Johnston - 540-825-4810 or email

DJohn40330@aol.com or Hank Milans - 540-718-1565 or email

hmilans@culpeper.to

The Lord & Lady Culpeper Historic Costume Ball -

7 pm to 11 pm

The honor of your presence is requested at a grand ball celebrating 250 years of the Town of Culpeper. Citizens of the land are encouraged to dress festively in attire from their favorite historical period. All are welcome!

Location: Germanna's Daniel Technology Center

Contact: 250th Anniversary Committee at 540-727-0611 or email director@visitculpeperva.com

Culpeper History Comes to Life - 11 am to 4 pm

You never know who you might meet on the streets of Culpeper! At various locations in town, visitors from the past will entertain and educate

you as they show you what life was like in days gone by.

Contact: 250th Anniversary Committee at 540-727-0611 or email director@visitculpeperva.com

Sunday, September 20, 2009

Sunday Events - Beginning at 1 p.m.

Enjoy a delicious Sunday afternoon with an Old Fashioned Ice Cream Social at the Museum of Culpeper History from 1 to 3 pm. At 3 pm at Culpeper Baptist Church, the Culpeper Ministerial Association will present a living history interpretation of the Reverend John Leland, a Culpeper minister who was a personal friend of President James Madison. Reverend Leland also had the distinction of being jailed for preaching. A choir consisting of singers from many local churches will complete this perspective on the importance of religion in Culpeper's history.

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Contact: 250th Anniversary Committee at 540-727-0611 or email

director@visitculpeperva.com

Mark your calendar now and plan to join us. If you'd like to learn more about volunteer and sponsorship opportunities, contact Beth Burns in the Culpeper Department of Tourism for information. Call 540-727-0611 or email director@visitculpeperva.com

To learn more about 250th anniversary events, go to

www.culpeper250th.org. For information on other Culpeper events

throughout the year, go to www.visitculpeperva.com



How to Get Around Culpeper



The Trolley at the Depot

Trolley

Need to do some shopping in town? How about a ride to your doctor's appointment? The Culpeper Connector Trolleys can take you where you need to go throughout the Town of Culpeper. Trolley service runs in the Town of Culpeper: Monday through Friday from 7 AM until 5 PM and on Saturdays from 9:30 AM until 2:30 PM. The Trolleys arrive back at the Depot every 40 minutes all day long. Both trolleys also provide wheelchair accessibility. All rides are \$.50 each.

County Express

If you live in Culpeper County, call 24 hours in advance, and the Culpeper County Express will pick you up at your door and take you wherever you need to go in the County or Town of Culpeper. The County Express can drop you off at a Trolley stop if you have more than one place to go in town. All rides are \$.50 each. Express service runs Monday through Friday from 7 AM until 6 PM. Please call 540-825-2456 or 540-825-7519 to schedule your ride!

ADA

The Culpeper ADA bus is an on demand service that will pick up any ADA-qualified individual and drop him/her off within the Town of Culpeper. The ADA bus operates Monday through Friday from 8 AM until 4 PM. If, however, you need transportation on Saturday, service can be provided for you. Just call 540-825-2456 or 540-825-7519, 24 hours in advance, to schedule your ADA ride. All rides are \$.50 each way.

RRMRC Turns Six

The Rappahannock-Rapidan Medical Reserve Corps celebrates its sixth anniversary on September 30, 2009!

The RRMRC was formed in September 2003 under the direction of the Rappahannock-Rapidan Citizen's Corps Council. Since that time the RRMRC has offered 168 trainings, recruited 360 volunteers, and participated in five flu vaccination drills, as well as drills related to Smallpox, Monkey Pox, and Anthrax.

RRMRC volunteers are the extra hands and feet the Health Department, Culpeper Regional Hospital and Fauquier Hospital will need in a public health emergency. With all

the recent concerns about H1N1 influenza the role of the RRMRC is more important than ever. *Many more volunteers are still needed!*

A Big Thank You to:

- All the volunteers who decided to join the RRMRC and are trained and prepared to assist in a public health emergency.
- The Rappahannock-Rapidan Health Department for their in-kind support.
- The many instructors who have given of their time and talent to teach the volunteers.
- And to the many partners who work with the RRMRC.

Rappahannock-Rapidan

**Culpeper-Fauquier-Madison
Orange-Rappahannock**



- The Towns and Counties of the Rappahannock-Rapidan Health District who have supported the RRMRC with funding and in-kind donations.

It is easy to join the RRMRC: Complete the application either online at <http://rrmrc.vdh.virginia.gov> or by calling 540-829-7350 x132 to have it mailed to you.

As always – please remember to cover your cough, wash your hands, stay home when you are sick and get your flu shot!

Culpeper County Department of Procurement Wins Achievement of Excellence Award



National Procurement Institute—Culpeper County is one of only 34 counties in the United States, and one of 7 government agencies in the State of Virginia, to receive this award.

The Achievement of Excellence in Procurement award is designed to recognize organizational excellence in procurement. The award is achieved by those organizations that demonstrate excellence in procurement by obtaining a high score on a rating of standardized criteria. The program is designed to measure innovation, professionalism, e-procurement, productivity, and leadership attributes of the procurement function. The Achievement of Excellence in Procurement is sponsored by the National Purchasing Institute (NPI), the California Association of Public Purchasing Officers (CAPPO), the Florida Association of Public Purchasing Officers (FAPPO), the Institute of Supply Management (ISM), the National Institute of Governmental Purchasing (NIGP), the National Association of State Procurement Officials (NASPO), the National Association of Educational Procurement (NAEP), and the Texas Public Purchasing Association (TxPPA).



Culpeper County has earned the 14th Annual Achievement of Excellence in Procurement Award for 2009.

Culpeper Wins Regional Emergency Medical Services Awards

THE OUTSTANDING EMS ADMINISTRATOR 2009 Regional Winner – Tom Williams

William C. Chase, Jr., Chairman of the Board of Supervisors, presented E. Thomas Williams, Director of Culpeper Emergency Services, with the Regional Emergency Services (EMS) Award for Outstanding EMS Administrator.

This Award recognizes an Administrator who has demonstrated ability to organize, conduct, manage, problem solve and evaluate within his or her organization and whose exemplary leadership and administrative skills have improved the effectiveness, response and delivery of EMS.



THE OUTSTANDING EMS AGENCY 2009 Regional Winner – Richardsville Volunteer Fire & Rescue

Phyllis Hurlock, Rescue Chief for Richardsville Volunteer Fire and Rescue Company, received a Certificate of Appreciation by the Board of Supervisors from Mr. Chase. Richardsville Company won the 2009 Regional Award for Outstanding EMS Agency.

This Award recognizes an Agency that exemplifies outstanding professionalism and service to its community; which has a high level of patient care evidenced by innovative training, community awareness, preventive health programs, public relations efforts and participation in local, regional and statewide EMS systems.



THE OUTSTANDING E911 POSTER BY A STUDENT 2009 Regional Winner—William Burton

Mr. Chase presented William Burton with a Certificate of Appreciation as his father, Walter Burton looked on. William Burton is a student in Miss Amy Glascock's class at A.G. Richardson School. His poster won FIRST prize in the contest for Emergency Services Week. Over 2400 posters were submitted by students in regional schools.

This Award recognizes the student poster best depicting when to call E911. The students were to depict what they learned from a video presentation about the purpose of E911.



E 911 News

Culpeper County E 911 was awarded a grant of \$38,355.00 by the VIRGINIA INFORMATION TECHNOLOGIES AGENCY. Culpeper Public Safety Communications Center currently offers in-house training to its employees to meet the requirements set forth by the Department of Criminal Justice Services. Training is delivered to new or current employees in a classroom and on-the-job setting. As a 100% funded grant program, the training they receive can now be enhanced. Job skills training are critical for a dispatcher to quickly and appropriately manage emergency calls for service. This grant covers all costs of training and has allowed for enhanced training. “Training is paramount in the Communications center”, said Training Coordinator Nicola Tidey. “This money will allow us to offer advance classes such as Active Shooter Incidents, and will allow training on the new technologies that are evolving every day.” For more information please contact Director Steve Basnett or Training Coordinator Nicola Tidey at 540-727-7900.

How Does My Call Get to 9-1-1?

When you call from a phone installed at a residence or business, or from a pay phone, the phone number of that phone determines which 9-1-1 center you reach. Each 9-1-1 center or Public Safety Answering Point (PSAP) has an enormous list of phone numbers that are designated to come to that center. All of these numbers have a special secondary number on file with the phone company that directs your call to the correct 9-1-1 center for your area.

If you call from a cell phone, the procedure is slightly different. Cell phones transmit to the nearest cellular tower and from there to the closest 9-1-1 center. The 9-1-1 center is determined by the location of the cell tower. Sometimes if you are close to a county or state border, you might get the wrong 9-1-1 center. However, the employees there will direct your call to the correct center to get the help you need.

If you are hearing or speech impaired, the Communications Division is equipped with a Text Telephone (TTY) device to allow communication through your TTY device.

If you do not speak English, we will contact the Language Line to provide an interpreter. It helps us if you are able to tell us in English, the name of the language you speak, so we can tell the language line which interpreter to choose.

Once you reach 9-1-1, the dispatcher will ask some questions. If you do not have an emergency, the dispatcher will refer you to a non-emergency number. Some of these calls go elsewhere through the non-emergency phone tree, but most are answered by the 9-1-1 dispatchers. The reason for getting you off the 9-1-1 line is twofold. One, we are trying to send help to the emergencies first, and two, we only have so many 9-1-1 telephone trunks. We want to keep those lines open for emergency calls. If you do have an emergency, the dispatcher will ask you questions to determine who to send.

Some of these questions will be:

- **Where are you?** There are ambulances, fire trucks and police officers all over Culpeper County. We want to send the ones who are closest and can provide the quickest help. We really need an exact address, but sometimes you won't know that. We will ask for cross streets, what kind of building it is, what color is it and other questions to help us find you as quickly as possible.
- **What is going on now?** We will ask specific questions related to the situation. Sometimes responders may need special equipment, and not all vehicles carry the same kind of stuff. We want to send you the right help.

While we ask the questions, we are entering the information into a computerized dispatch system. Other dispatchers can see that information and send help to you while we are still talking to you on the phone. **Answering questions does not delay response.** We will often keep you on the phone and obtain more information to give the responders. For example, it often helps the medics on the ambulance to know what kind of medication the patient takes every day. The patient might be having a breathing problem that is unrelated to the medication, but that information will improve the quality of care the paramedics can provide.

We answer over 150,000 calls a year here at the Culpeper County 9-1-1 Center. The dispatchers keep track of all the responding units and all of the calls waiting for service. Sometimes it is necessary to change the assignment of a unit so they can respond to a different call that is more of an emergency. On our busiest days, some non-emergency calls can wait for a significant amount of time. Please do not hang up, we have not forgotten you, and we are working as fast as we can.



Answering my questions will improve our response. Please do NOT terminate the call.

WHEN TO CALL 911

- POLICE:**
- Crime in progress
 - Burglar alarm
 - Fight/Domestic
 - Drunk driver
 - Suspicious activity
 - Missing person - any age
 - Car accident
 - Burglary/theft
- AMBULANCE:**
- Medical problem
 - Fall or injury
- FIRE:**
- ANY TYPE OF FIRE!
 - See or smell smoke
 - Gas leak
 - Carbon monoxide detector problem
 - Hazardous material spill



Steve Basnett, Director of Culpeper County Public Safety Communications Center, holding plaque, receives an award from the State for achieving accreditation from the Association of Public Safety Communications Officials. Pictured with Basnett are (left to right): Sheriff Jim Branch, Kenneth Crumpler of the Virginia Office of Emergency Medical Services and Nicki Tidey, training coordinator for Culpeper’s E-911 center.

Culpeper E 911 Receives State Recognition

Culpeper County’s E-911 Center received State recognition for successfully implementing a program intended to save lives and manage emergency response resources. The Association of Public Safety Communications Officials’ Emergency Medical Dispatch (EMD) Program utilizes software and training. In turn, the dispatchers can use the software and enhanced training to provide specific medical assistance to callers, while trained workers travel to the scene.

Steve Basnett, Director of the County’s Public Safety Communications Center, said at least one life has been saved through the program, which was implemented in January. Kenneth Crumpler, Communications Coordinator for the Virginia Office of Emergency Services, presented the award to local officials, on behalf of the State.

Crumpler said tighter budgets and dwindling resources have prompted many communities to rethink their response to emergencies. Programs such as EMD allow more precise and direct response with use of fewer resources.

“Dispatchers are the first first-responders,” Crumpler said, explaining that Culpeper County is one of 24 municipalities statewide to achieve accreditation under the program.

Culpeper County E-911 provides emergency dispatch services for the Town and County. Last year, the Center’s staff of 19 people handled about 80,000 calls requiring service.

For requirements of accreditation, visit:
<http://www.vdh.state.va.us/OEMS/EmergencyOperations/PSAP.htm?mode=printable-l>

Criminal Justice Services

Fiscal Year 2009-End Year Report

J. Andrew Lawson, Director
Stephen E. Carneal, Local Probation Officer

It appears the continued decline in County growth has affected the criminal justice system. For the second consecutive year, Local Probation placements have decreased. FY08 to FY09 has a decrease of 4.6%.

The decrease is due in large part to fewer cases entering the criminal justice system for driving without a valid Virginia driver’s license. Culpeper General District Court has also seen a decrease of 6% in total cases on the docket in 2008.

Even though current numbers indicate a decrease in probation placements, Culpeper must continue to employ viable methods that are cost-effective and provide safety to its citizens. Growth in numbers of cases will return as the economy stabilizes.

Following is summary of FY09:

	FY09	FY08	+/-
General District Court	533	551	-3.3%
Juvenile & Domestic Relations Court	146	182	-19.8%
Circuit Court	32	31	+3.2%
Transfer In Cases	65	49	+32.7%
Total	776	813	-4.6%
Average Daily Caseload	275	285	-3.6%

79% of misdemeanor and 33% of felon offenders were closed **successfully** as completing all court requirements

\$77,556 facilitated in court costs and fines

\$25,536.81 facilitated in victim restitution

16,060 community service hours completed (**\$105,193** of labor based on minimum wage)

Age:	Average	30	Oldest	75
Gender:	Male	71%	Female	29%
Race:	White	46%	Black	20%
	Hispanic	34%		
Employment:	Employed	69%	Unemployed	31%
Marital Status:	Never Married	59%	Married	26%
	Separated	8%	Divorced	7%

Culpeper Criminal Justice Services is dedicated to providing a low-cost alternative to incarceration while maintaining public safety. This allows Culpeper citizens to remain gainfully employed while receiving services to correct negative behaviors, and meeting all other court-ordered obligations.



Culpeper County Sheriff's Office

JAMES H. BRANCH JR., Sheriff

110 W. Cameron Street • Culpeper, VA 22701

540.727.7520 • EMERGENCY 9-1-1

www.culpepersheriffsoffice.com

I would like to thank all in our community for their support of the Culpeper County Sheriff's Office. As I travel throughout the County, the many comments of a job well done and recognition of the men and women of our Office are much appreciated. Certainly I wish to publicly express my personal recognition of our people, whose work and dedication make Culpeper a better place to live.

It is with great pleasure that I recognize the men and women in public safety at our Culpeper County E911 Center, who go unseen day by day, but who are vital to emergency operations. Providing dispatch and communications for law-enforcement, fire and rescue, their work, long hours and dedication go hand-in-hand with all public safety partners to make our community safer. On June 18th, 2009, our Center received state accreditation for the HMD, (Emergency Medical Dispatch) program. Congratulations on this accomplishment and a job well done.



As summer passes and this reaches you, we look back to our Youth Academy, which was held the week of July 20th through the 24th. In the Fall our popular Citizens' Law Enforcement Academy will again be offered. We appreciate the interest from our youth and adults in learning about local law enforcement. Our recent handgun safety class has been enthusiastically received, and we welcome the opportunity to serve citizens in this area of safety training. Thanks to the Culpeper Times, for giving me the opportunity to write a monthly column. And, don't forget, our Golf Tournament, supporting Shop with a Cop, will be held on the 24th of August.

Personally, it is a pleasure and honor to serve you as Sheriff of Culpeper County. As I have expressed in the past, please feel free to drop by and visit. The door is open.

A handwritten signature in cursive script that reads "Jim".

Have you become physically and/or verbally abusive to your spouse or significant other?

Help is available.

**Contact Culpeper County Criminal Justice Services at 540-727-3450
for a referral to a treatment provider.**

OFFICE OF THE TREASURER
CULPEPER COUNTY
David L. DeJarnette, Treasurer



NEW OFFICE LOCATION

The Office of the Treasurer for Culpeper County has moved! After many years of being located on the ground floor of the Culpeper County Courthouse building, the office moved to our new location in the former Culpeper National Bank/Central Fidelity/Wachovia Bank building at 151 N Main Street Culpeper VA (corner of N Main & E Cameron).

Please stop by to see our new office location or contact us through our primary mailing address:

*Culpeper County Treasurer
PO Box 1447
Culpeper VA 22701*

**TAX COLLECTION ACTIONS FOR THE COLLECTION OF DELINQUENT
PERSONAL PROPERTY TAXES**

- **PUBLISHING OF DELINQUENT ACCOUNTS:** Delinquent accounts are published in the newspaper annually and are listed on the Treasurer's website.
- **DISTRESS & SEIZURE OF PROPERTY:** The Treasurer is authorized to collect delinquent taxes by distress. The distress may be exercised without a court order. The Treasurer, or the Sheriff at the direction of the Treasurer, may seize any property to satisfy a tax liability.
- **TREASURER'S LEVY:** The Treasurer is authorized to levy any person indebted to or having in his hands estate of a taxpayer. Most common forms of Treasurer's Levies include Employment Liens, Bank Liens, and Lease Liens. The Treasurer's Lien is an administrative tool and does not require court action.
- **DMV REGISTRATION WITHHOLDINGS:** The Treasurer may enter into an agreement with the Commissioner of the Department of Motor Vehicles, whereby the Commissioner will refuse to issue or renew any vehicle registration of any applicant who owes to such county, city or town any delinquent tangible personal property tax.
- **SET-OFF of STATE REFUNDS:** The Setoff Debt Act allows the state to withhold an individual's state tax refund and remit that withholding to the local government. Any debt owing to a local government is eligible for the state's debt setoff process.
- **WARRANT IN DEBT OR MOTION OF JUDGMENT:** The Treasurer, or his deputy, in person, or by counsel, may institute and prosecute all proceedings to enforce the payment of any tax in courts not of record. Typically a Warrant in Debt filed in General District Court is used to collect delinquent taxes. Delinquent taxpayers now residing outside the Commonwealth of Virginia are also subject to this tax remedy through services of the Secretary of the Commonwealth.

Telephone: (540) 727-3442

Fax: (540) 727-3478

E-mail: ddejarnette@culpepercounty.gov

Culpeper Regional Airport*by Tanya Woodward, Manager***10th Annual Air Fest, 10/10/09**

Mark your calendars now to join us at the 10th annual *Culpeper Airport Air Fest* on Saturday, October 10th, 2009 from 10:00 a.m. - 4:00 p.m. at the **Culpeper Regional Airport** located in Brandy Station, VA. **Raindate is Sunday, October 11th, 2009.** This **FREE** event has something for the entire family. Tour the County Airport, talk with the pilots about their planes and enjoy free airplane rides in the afternoon for ages 8-17 provided by the Young Eagles program. Aircraft, from restored antiques to modern jets, will be on display, and additional automobile parking will be available.

You don't want to miss the Bealeton Flying Circus and their spectacular wing-walking event; the return of the incredible SHAR, the only civilian-owned Harrier in the World, flown by Art Nalls; the FARM Club and their RC model airplanes including the ever popular-flying lawn mower (you've got to see it to believe it); Kevin Russo and his magnificent T6: Dr. Smoke and his red/white and blue smoke; our own based-pilot, Charlie Schwenker and his super fast Xtra 300 and others performing in the afternoon. Also, come out and see the many spectacular WarBirds, including the Percival Provost, a Royal Air Force Trainer, based here at Culpeper, as well as the beautiful Birds owned and operated by our based tenant the National Capitol Squadron.

What is there for the younguns to do, you ask? The Culpeper County Parks & Recreation Department will have a number of neat demonstrations and arts & crafts just for the smaller aviators, not to mention you can have your photo taken in an F-4 cockpit from Jet Pilot Photos (the adults may like this attraction as well).

Want to experience flight yourself, then why not hop a ride for a fee in a vintage Waco Biplane piloted by none other than our own John Corradi. John comes complete with a handlebar moustache and plans for giving you the ride of your life.

For those of you interested in keeping your feet firmly on the ground, but who would still love to experience flight, might I suggest that you take a simulated flight. Ken Hyde of the *Wright Experience* will be on hand with his simulator, a truly unique experience.

We can't forget the food! Goodies such as hamburgers, hot dogs, barbecue and various sweet treats will be available for the lunch crowd.

Be sure to look to the sky on Friday, October 9th, from 3:30p.m. - 5:30p.m. and see "Grandad" from the Flying Circus towing a banner announcing the Air Fest on Saturday; it is always a neat sight.

Culpeper Airport is located approximately 9 miles North of the Town of Culpeper off of Rt. 29, turn left at the stop light at Car Works and follow the signs.

Come out and view life from another angle - see the County from the air!! For more information call (540) 825-8280 or visit the Airport's website at: www.culpeperairport.com.

Speaking of the Air Fest 2009, **we need volunteers!!!!** Some areas where we need assistance are parking cars, signing up kids for the Young Eagle Flights, refuse pick-up, set-up and take-down (tables/chairs, crowd control barriers, etc.) and other such jobs. We will provide you with an official Air Fest 2009 shirt, lunch on the day of the event and the experience of a lifetime. If you are interested in helping out, please call me at 540-825-8280 or drop me an email with your name, address, phone number and how you would like to help- twoodward@culpepercounty.gov We would not be able to put on such an exciting show if we didn't have the volunteers to help us.

Don't forget, if you would like to find out anything about our facility or White Hawk Aviation (Aircraft Maintenance and Flight School), just call us at the Airport, 540-825-8280.

For ride hopping in a gorgeous 1942 Waco Biplane visit www.blueridgebiplanerides.com

We are working together to help make your Aviation Dreams come to life.

"To most people, the sky is the limit. To those who love aviation, the sky is home." - Anonymous

All Air photos courtesy Mike Sherba and Larry Wilcox

Culpeper Regional Airport
12517 Beverly Ford Road
Brandy Station, VA 22714

Ph: 1-540-825-8280
Fax: 1-540-829-2024

culpeperairport@hotmail.com
www.culpeperairport.com

Culpeper County Board of Supervisors

Culpeper Minutes

A quarterly publication



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Come to Culpeper Regional Airport TENTH Annual Air Fest—October 10, 2009

Photos courtesy Mike Sherba
And Larry Wilcox



Hold your breath! Is gravity a law?



What will he do next?



Something for everyone. Where to look next?



Picture yourself at the controls!



WHAT is this??



The ONLY one in North America



Talk to OUR wonderful pilots!!

Telephone Number for Virginia Department of Transportation (VDOT): 540-829-7500
To report Road Hazards or Snow-Flood Conditions: 800-367-7623 Toll Free